

# THE GREAT GIRLGUIDING GLOUCESTERSHIRE



## CHALLENGE

### THE CHALLENGE

We're setting you lots of sock related challenges to complete at home!

We just want you to have some silly fun, all using a sock (or a few socks sometimes!)



As a bit of extra fun, you can submit your scores to our county competition and we'll see which unit or girl will be our ultimate county sock champion! We'll have different categories for Rainbows, Brownies, Guides, Rangers, Inspire, Leaders and trefoil members (everyone can join in the fun!)

We would recommend that you aim to try and complete at least 4 of the challenges but you can do as many as you like!

### WHO CAN TAKE PART?

Anyone! The activities can all be run during a virtual meeting or girls (and their families) can take part individually at home on their own

Girlguiding members outside of Gloucestershire are welcome to use the activity suggestions and buy a badge, but the competition will only be open to members of Girlguiding Gloucestershire

### WHAT DO WE DO WHEN WE HAVE COMPLETED THE CHALLENGE?

Submit your scores here: <http://bit.ly/3bqN4xV>

Send any photos to [growth@girlguidingglos.org.uk](mailto:growth@girlguidingglos.org.uk) or share them on our social media sites

### BADGES

There will of course be a badge ... design to be revealed. We are hoping to have these available to purchase soon and will keep the price down to near cost value



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## CHALLENGE

### SOCK CATCH

In one minute, how many times can you throw a sock in the air and catch it with your hands?



### SOCK KEEPIE-UPPIES

In one minute, how many times can you keep a ball of socks in the air without catching them? You can use your feet, knees or keep patting them with your hands



### SOCK PEG

In one minute, using clothes pegs, how many socks can you attach to the clothes you are wearing?



### SOCK BASKETBALL

Place a laundry basket (or bin) one metre away from you. In one minute, how many times can you throw the socks into your basket, collect them and return to your starting place to throw them again?



### SOCKS ON HANDS

In one minute, how many socks can you put on one hand?



### SOCKS ON FEET

In one minute, how many socks can you fit on one foot?



### SOCK FILL

In one minute, how many items can you fit inside one sock?



### SOCK JUMP

Place your ball of socks in the middle of the floor. How many times can you jump over them from side to the other in one minute?



### SOCKS PHOTOS

In 5 minutes, using just socks create either a picture or message. Take a photo and send it to us!



### SOCK CREATURE

Turn an old sock into something new! Can you create a puppet? Or an animal? Or a monster? Don't forget to send us a photo!

