



## INTERNATIONAL OPPORTUNITIES (INTOPS)

Are you in Y8 or above?

Are you interested in travelling overseas with Girlguiding?

Have you had residential experiences with Guides?

Ready for a challenge?

INTOPs might just be for you!

Application forms will be posted on the County Website.



Each year Girlguiding Gloucestershire organise an overseas adventure and girls from across the County are selected to attend. In recent years we have been to a traditional Scandinavian camped in Norway, stayed at Our Chalet in Switzerland, braved the heat of California, visited Slovakia, camped in Denmark and this year a group enjoyed winter sports in Switzerland. The trip is at least a year in the making and girls will help to plan the adventure and raise funds to cover the costs.

Trips vary in length depending on where the girls are going and will be in Gloucestershire school holidays. You will have at least a year to fundraise.

It is important that deadlines are met and payments received on time. Parental support is vital to the success of any trip. Please be mindful that all leaders are volunteers and pay their own costs (just like the girls!) in order to have the opportunity to organise and lead these trips.

All leaders are members of Girlguiding, will have received appropriate training, have recent DBS checks and a home contact will be set up for the duration of the trip. There will be regular correspondence with both girls and parents.

Part of the challenge is to raise as much of the cost of the trip as possible. The County will give a grant to each participant and there are other Guiding grants available. Local charities can help and some group fundraising such as bag packing, craft stalls will be arranged too. Girls will be supported by their own unit leaders and in general they raise most of the money without having to ask for too much from home.

