



# Hobby Horsing



Originating in Finland, the sport of hobby horsing has riders – with a toy consisting of a stick with a model horse head – scoring their performances.



## What you need:

- A mop, broom or empty wrapping paper tube – this will be your horse
- Adult Sock
- Wool
- Stuffing, this could be old newspaper or packaging paper
- Googly eyes, buttons or similar
- Items to create an obstacle course

## What to do:

- Learn about hobby horsing - watch <https://www.youtube.com/watch?v=q5XxVLVjdrM>
- Create a head for your horse <https://www.graceandgoodeats.com/diy-sock-stick-horse/> this can be secured using elastic bands if you need your broom back afterwards!
- Choose a name for your horse
- Place the handle between your legs and hold onto it with one hand, with the other hold onto some imaginary reins.
- Practice riding at different speeds, walking, trotting and canter.
- Create an obstacle to ride around, how high can you jump, how fast can you complete it?