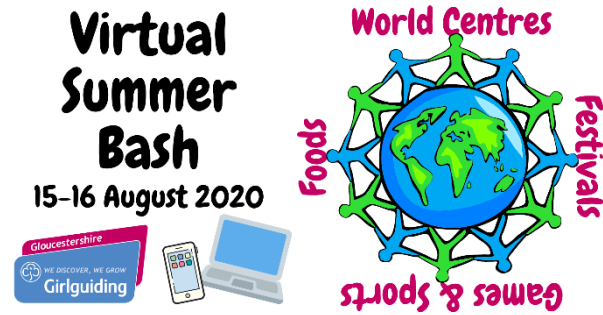


# Food Zone Virtual Kit List



Ingredients that you will need to complete the Food Zone.

You only need to do one for the challenges but feel free to make as many dishes as you wish.

## Sticky rice pudding with mangos

50g Jasmine rice (sticky rice)  
4 to 5 tablespoons brown sugar  
1/4 teaspoon salt  
1 can coconut milk (not light)  
1 or 2 ripe mangos

## Quesadillas

Tortillas  
Fillings of your choice - cheese, mushrooms, chopped ham, cooked and shredded chicken, olives, peppers, onions.

## Pizzas

Walkers crisp box or similar size  
Single disposable BBQ  
Foil  
Something for a base - we use sliced English muffins, but it could be half a bread roll, a sandwich thin or even a proper pizza base.  
Tomato paste or ketchup and herbs  
Toppings - of your choice, ham, peppers, mushrooms and dare I say pineapple?!  
Cheese

## Fairy bread

Sliced Bread  
Butter or margarine  
Chocolate spread (optional)  
Hundreds and thousands or similar

## S'mores

Marshmallows  
Chocolate Digestives  
Or be creative to make your own take on a s'more