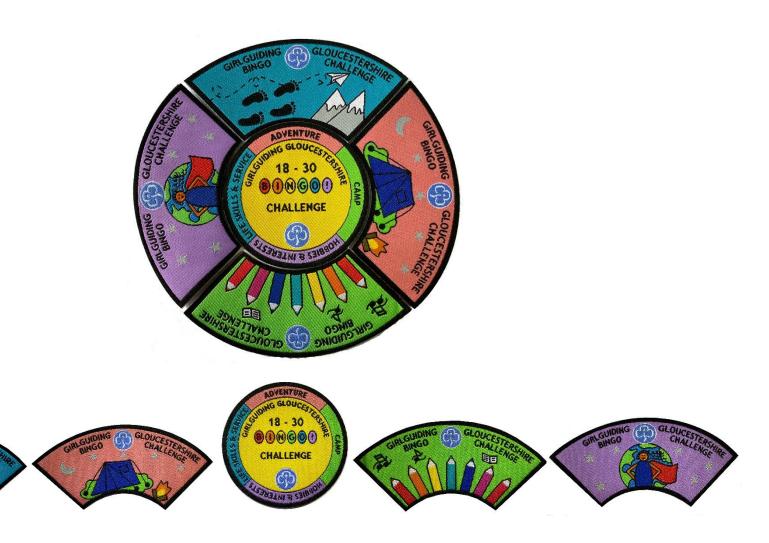


18-30 'Bingo Challenge'





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<u>Information</u>

This badge was designed to provide a challenge for the 18-30 year olds within Gloucestershire county, however we're very happy to share this with our friends outside of the county too, and indeed around the world. It was put together in response to ideas from our 18-30 Coordinators in the county.

<u>Criteria</u>

The aim of the Bingo Challenge is to complete each of the four sections. When you complete one section, you earn that section badge. If you complete all four sections, you also earn the central BINGO badge.

To complete a section, you need to complete <u>ONE ROW of SIX ACTIVITIES</u> going across your bingo card. The activities should be a challenge to you individually, so we are giving you licence to adapt the challenges if you need to.

There are <u>three difficulty levels</u> on each bingo card. Choose the bingo row that suits you; we want you to achieve your targets whilst still being challenged to help stretch yourself. You don't have to do the same level on each section pick your row on each of the bingo cards.

Top Row challenge is more adaptable and slightly easier to achieve

Middle Row challenge is medium level to achieve

Bottom Row challenge is slightly harder to achieve

REMEMBER THESE CAN BE ADAPTED - IF NEEDED JUST COMPLETE 6 ACTIVITIES FROM THE WHOLE BINGO CARD OR MAKE UP YOUR OWN. PLEASE ENJOY THE RESOURCE!



CAMP



| | Put up a tent | Pioneer a washing up station | Cook on an open fire | Make a budget meal for 4 people with £5 max | Design a camp welcome sign | Play a card game in a tent |
|--|---|-------------------------------------|--------------------------|--|---|---|
| | Plait a friend's hair | Make a den or bivouac | Sleep under the stars | Sit round a campfire and sing songs | Sew 20 more badges on your camp blanket | Collect 3 camp neckers |
| | Visit a world Centre or UK Girlguiding activity centre | Sleep in a soggy / leaky tent | Go on a hike | Try backwoods cooking | Make smores or toast marshmallow s | Make an eco- shower or wash station |





ADVENTURE

| | Try a new adventurous activity (e.g. low ropes, zip wire, archery) | Take bearings using a map or a compass | Close your eyes & point to somewhere on a map - plan a journey there [OPTIONAL: if you want to, go there] | Complete a monopoly challenge around a town or city | Tie a Reef Knot | Build a snowman or a sand sculpture |
|--|--|--|---|---|--|---|
| | Visit a place of Outstanding Natural beauty. Take a photo, sketch or relax | Try pond dipping or Rock pooling | Go foraging for food and make something with it e.g. blackberry or strawberry jam (follow health & safety food foraging info) | Try out orienteering | Go on a day trip with Girlguiding members to your capital city (e.g. London) | Go on a fun run, jog or walk (or equivalent) [OPTIONAL: dress up and fundraise] |
| | Try out Geocaching | Go to a museum, theme park or gallery with Girlguiding members or friends | Hike a mountain with Girlguiding friends | Go on a picnic with some guiding friends to somewhere you have NEVER ventured before | Search for fossils or relics | Wake up early, find a good spot and watch the sunrise while listening to the dawn chorus |





| | Start a new Blog, Vlog or Scrapbook | Stargazing: Learn about three NEW constellations, spot them in the sky and teach someone else. | Read or listen to three new books, each from a different genre | Make a decoration out of natural objects | Try a new sport of type of exercise of your choice (e.g. yoga, cycling, dance, cricket) | frow your own fruit, vegetables or flowers. Monitor the growth in your own way. (e.g. photos, diary, log, sketch) |
|--|---|---|--|---|---|---|
| | Bake a story (e.g. a biscuit or pie decorated as Harry Potter) | Try a craft that will help the environment e.g. beeswax food wraps, a bug hotel, a hedgehog home | Write or create an uplifting story or poem (e.g. book, pictures, comic, story cube, poem) | Photography challenge: Take a photo every day of the year OR make a photo book comparing the same things in two seasons e.g. trees or landscape photos in two seasons | Make an item of clothing or an accessory (e.g. sew a bag, knit a scarf) | Try out five new board games or video games (e.g. card games, puzzles, trivia, strategic games, virtual reality etc.) |

Upcycle an

item of

clothing or

furniture

Watch five new

movies or

series - each

one from a

different genre

Create an A3 or

larger painting or

drawing in the style

of your favourite

artist. Give it away

as a gift.

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Wittle a

woggle, animal

or wand

Teach someone

a new skill of

your choice

Music - Learn five

new tunes and

play them to an

audience

(e.g. sing, guitar,

recorder, flute, camp

fire songs, anything)





LIFE SKILLS & SERVICE

| | Complete a random act of kindness in your community | Volunteer at another Girlguiding units even, camp or offer to run a session | Budget shop for a celebratory meal for 8+ people | Iron and fold 10 items (not socks, & check the labels!) | Do some shopping or odd jobs for somebody who is less able | Learn to tie a friendship knot |
|--|---|---|--|---|---|--|
| | Plan a menu for balanced and healthy eating for 3 days | Go litter picking with a friend or a group | Try out a new role in Girlguiding either in your district, division, or county. (e.g. division photographer, camp first aider, event cater, mentor, etc.) | Live only out of a carrier bag for a weekend (put essential items in a bag e.g. toothpaste. Food is separate to the carrier bag) | Make something to sell on a charity stall / fundraiser | Plan and try to cut back on non-essential items for one month and try to save money - how much can you save? |
| | Volunteer at a region or national Girlguiding activity centre (either for a day, weekend, set period of time - like a camp or event or on a service team) | Create your own campfire song or game to play in the unit | Do a full spring clean / deep clean for your house, flat or room and declutter | Plan a low-cost holiday abroad for a group of 6 guiding friends - think about where, when, how to get there, insurance, forms, activities, accommodation, food, bus fayres etc. | Organise and run a charity event | Organise a visit to a school or youth group to let them know about Girlguiding |



BADGE ORDER INFORMATION

Badge Costs:

- £1 for the central badge
- £1 each for the bingo section badges (there are 4 to collect)

OR

• £4 for a complete set of 5 badges

Postage and packing within the UK is charged at £1.50 per order, regardless of the number of badges.

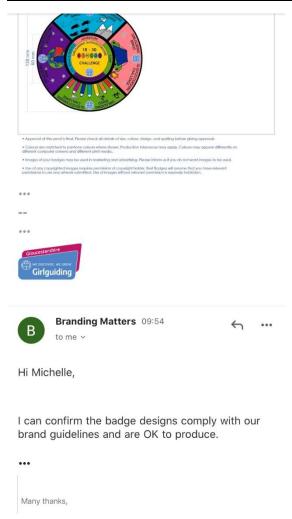
Please go to our WEBSITE to order your badges:

https://www.girlguidingglos.org.uk/18-30-BINGO-challenge.html

Any queries please contact 18-30@girlguidingglos.org.uk



BADGE APPROVAL EMAIL & BADGE SIZE



The complete badge set measures 13cm in diameter

The central badge measures 6cm in diameter